

# PERU ELEMENTARY SCHOOL DISTRICT 124

## BREAKFAST/LUNCH MENU

### OCTOBER 2015

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>September 30th</b> Cereal Granola Bar Fruit Juice  Teriyaki Beef Bites Bread/Butter Carrots and Peas	1 Mini Chocolate Donuts Frit Juice  Grilled Chicken Breast Rotini w/Alfredo Sauce Steamed Broccoli Grapes	2 Breakfast Pizza Fruit Juice  Pizza Bosco Sticks Spinach Salad Pineapple
5 Mini Powdered Donuts Fruit Juice  Taco in a Bag Lettuce Salsa Tropical Fruit	6 Banana Bread Fruit Juice  Ravs in Meat Sauce Garlic Bread Green Beans Pineapple	7 Cereal Chortals Fruit Juice  Popcorn Chicken Spudsters Baked Beans Peaches	8 Poptarts Fruit Juice  Orange Chicken Fried Rice Egg Roll Orange Wedges	9 Breakfast Pizza Fruit Juice  Mini Cheese Pizza Bagels Salad Mixed Fruit
12 NO SCHOOL COLUMBUS DAY	13 Pancake Wrap Fruit Juice  Corn Dog French Fries Baked Beans Mandarin Oranges	14 Cinnamon Bagelful Fruit Juice  Chicken Drummys Carrot & Celery Sticks Ranch Cup Tropical Fruit	15 Strawberry Mini Bagels Fruit Juice  Pork Chop Patty in Bun Mixed Vegetable Apricots	16 Breakfast Pizza Fruit Juice  Cheese Pizza Salad Mixed Fruit
19 Cinnamon Roll Pancakes Fruit Juice  Breaded Turkey on Bun Sweet Potato Puffs Baked Beans Grapes	20 Cereal Biscuit/Jelly Fruit Juice  Salisbury Steak Mashed Potatoes/ Gravy Carrots Peaches	21 Banana Muffin Yogurt Fruit Juice  Turkey Wrap Spinach Salad Orange Wedges	22 Breakfast Sausage Bites Fruit Juice  Breaded Chicken on Bun Green Beans Pears	23 Breakfast Pizza Fruit Juice  Pepperoni Pizza Rolls Romaine Lettuce Tropical Fruit
26 Apple Frudel Fruit Juice  Italian Chicken Breast Scaloped Potatoes Bakes Beans Peaches	27 Mini Maple Waffles Fruit Juice  Taco in a Bag Romaine Lettuce Salsa Tropical Fruit	28 Cereal Banana Mini Loaf Fruit Juice  Macaroni & Cheese Dinner Roll/Butter Green Beans Pears	29 Breakfast Wrap w/Cheese Fruit Juice  Hamburger on Bun Sweet Potato Puffs Apricots Cookie	30 Breakfast Pizza Fruit Juice  *12:00 DISMISSAL*

MILK SERVED DAILY WITH BREAKFAST AND LUNCH

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

# Parkside School

## AlaCarte Price List

**Hot & Cold Subs**  
\$2.00



**Sandwiches, Wraps, Salads**  
**Pretzels & Cheese, Nachos**  
\$1.75



**PBJ, Side Salads**  
**Soup, Lg. Water**  
\$1.00



**Juice Box, Baked Chips, Bagels**  
**Pickle, Sm. Water, Ice Cream**  
**String Cheese, Fruit Parfait**  
**Yogurt, Goldfish Crackers**  
\$.75



**Fruit Snacks, Granola Bars**  
**100% Fruit Juice Cups**  
\$.50



## Alternative Hot Lunch Entree

**Monday: Pizza**

**Tuesday: Chicken Nuggets**

**Wednesday: Bosco Sticks**

**Thursday: Corn Dog Nuggets**

**Friday: Popcorn Chicken**

**Soups served seasonally**

**Chili everyday + one additional soup**